

MOST OUTSTANDING DEFENSIVE PLAYER

2018 - Willie Jefferson
 2017 - Ed Gainey
 2016 - Otha Foster
 2015 - Jeff Knox Jr.
 2014 - John Chick
 2013 - Tyron Brackenridge
 2012 - Tyron Brackenridge
 2011 - Jerrell Freeman*
 2010 - James Patrick
 2009 - John Chick**
 2008 - Maurice Lloyd
 2007 - Fred Perry
 2006 - Fred Perry
 2005 - Eddie Davis
 2004 - Eddie Davis
 2003 - Jackie Mitchell
 2002 - Reggie Hunt
 2001 - Shont'e Peoples
 2000 - Demetrious Maxie

1999 - Willie Pless
 1998 - DeWayne Patterson
 1997 - Bobby Jurasin
 1996 - Bobby Jurasin
 1995 - Lybrant Robinson
 1994 - Ron Goetz
 1993 - Jearld Baylis**
 1992 - Jearld Baylis
 1991 - Eddie Lowe
 1990 - Dan Rashovich
 1989 - James Curry
 1988 - Richie Hall
 1987 - Bobby Jurasin
 1986 - Billy Jackson
 1985 - Eddie Lowe
 1984 - Terry Irvin
 1983 - Vince Goldsmith
 1982 - Mike Samples
 1981 - Lyle Woznesensky
 1980 - Ken McEachern

1979 - Ken McEachern
 1978 - Cleveland Vann
 1977 - Roger Goree
 1976 - Cleveland Vann
 1975 - Tim Roth
 1974 - George Wells

 1973 - Bill Baker
 1972 - Bill Baker
 1971 - Bill Frank
 1970 - Bill Frank
 1969 - Ed McQuarters
 1968 - Ted Urness*
 1967 - Ed McQuarters**
 1966 - Al Benecick
 1965 - Al Benecick
 1964 - Al Benecick
 1963 - Garner Ekstran
 1962 - Len Legault
 1961 - Garner Ekstran
 1960 - Bill Burrell
 1959 - Neil Habig
 1958 - Kurt Burris

In 1974 the Most Outstanding Lineman award split into Most Outstanding Offensive Lineman and Most Outstanding Defensive Player

** CFL Award Winner
 * Division Nominee